

BERKLEY COUNCIL ON AGING
MINUTES OF MEETING
December 5, 2024

Board Present: Margaret Moroff, Carol Buote, Kathy Strozyk, Cathy Charette, and Arlene Medeiros

- I. **Call to Order** – Arlene Medeiros called the meeting to order at 9:30 in the hearing room. She reminded everyone that the meeting is being recorded. Margaret Moroff arrived as the meeting was being called to order.
- II. **Acceptance of Prior Minutes** – The board voted to table the minutes from the 11/14/24 meeting.
- III. **FY 2024 Budget** - Krista Celia presented the financial report for November 30, 2024
 1. Town Budget Balance: Salary: \$19,664, Town Funded Accounts: \$3226.04
 2. Formula Grant: \$16,320.48
 3. Program Donations: \$10,931.93
 4. General Donations: \$4,723.39
- IV. **Events** – The board discussed the following upcoming events
 - a. Podiatry is scheduled for 12/12/24.
 - b. Lucky Bunny Ornament Class will be held 12/11/24. There are 10 people signed up to attend. Attendees will decorate a 7-inch plaque with ribbon and paint. The cost is \$ 6.00 for Berkley residents and \$12.00 for non-residents.
 - c. The Holiday Party is scheduled for 12/14/24 at the Berkley Middle School. The COA has received at least 24 raffle baskets. Krista Celia suggested the board meet at 10:00 for set up. Representative Norman Orrall, State Senator Kelly Dooner, and the Berkley Selectmen have all confirmed their attendance.
 - d. Brown Bag and Blood Pressure Clinic are scheduled for 12/18/24. There are currently 33 participants.
 - e. Holiday Meal Distribution - The Berkley Congregational and the Myricks Methodist Church are distributing meals to seniors who will be alone during the holiday. The deadline to sign up is 12/18/24. This is a full meal including desert. Margart Moroff clarified that the program is not income related.
 - f. Fall Prevention with Liza Amaral from the Berkley Fire Department will be held on 01/16/25.
 - g. Painting with Amy will be offered on 01/23/25. There are 16 people signed up. Amy's painting events have been very well attended.
 - h. Singo which is musical Bingo will replace a scheduled Bingo in the COA on 01/29/25.
 - i. Refuse to be a Victim will be held on 02/10/25 and 02/24/25.
 - j. Summer with the Ospreys will be offered in conjunction with Berkley Public Library on 02/20/25
- V. **Proposed New Events** –
 1. Steven Manchester – Margaret Moroff suggested inviting local author, Steven Manchester to speak at the COA. The board discussed partnering with the library to host this event, similar to the Summer with the Ospreys program.
 2. Men's Group – Margaret Moroff discussed the idea of having time in the center for men. During lights on there was a group of men who sat together and had a great time.
 3. Assonet Neck Presentation with Eden Jones – Scheduled for January 30th. The group decided that since this program is being presented by Eden Jones from the Historical Society, that it would be open to all ages.
 4. Jewelry Making – A Sea glass Pendant. Will be scheduled in February.

- VI. **Chair Yoga** – Krista Celia informed the board that the Chair Yoga instructor, Linda Hayden has resigned. Fatima Rosa, has agreed to take over the class. Fatima was one of Linda's substitute teachers.
- VII. **Friends** – There were no representatives from the Friend's group at the meeting. Margaret Moroff gave a quick summary of the friends upcoming events. The Friends will be adding a New Hampshire trip to their schedule and have plans to attend several shows. They are also organizing a fishing trip out of Plymouth and have several luncheons planned. There is a bus trip to Myrtle Beach in the works. Additionally, the Friends have committed to purchasing 20 chairs for the COA.
- VIII. **Public Input** – Margaret Moroff talked about how great Lights On was. Krista Celia said that a lot of people came through the COA. Margaret Moroff talked about all the really cool things the library has to offer, that most people do not even know about. She said she would like to have Carol Buote give a talk about what is available. Carol elaborated about some of the things the library has to offer other than books. Kathy Strozyk asked for an update on Karen Fisher. Krista Celia said that she does not think that Karen will be staying on with Berkley. She said that she will find out for sure and let the board know by the next COA meeting.
- IX. **Next Meeting** – January 9th at 9:30.
- X. **Motion to Adjourn.** The board voted to adjourn the meeting.