

BERKLEY COUNCIL ON AGING
MINUTES OF MEETING
10/9/25

Board Present: Margaret Moroff, Carol Buote, Kathleen Strozyk, Arlene Medeiros, Cathy Charette

Call to Order – Margaret Moroff called the meeting to order at 9:05 in the hearing room. She reminded everyone that the meeting was being recorded.

Acceptance of Prior Minutes – The board voted to accept the minutes from 09/11/25

FY 2024 Budget - Krista Celia presented the financial report for September 2025

1. Town Budget Balance: Salary: \$26,310.90, Town Funded Accounts: \$4,291.61
2. Formula Grant: \$20,452.14
3. Program Donations: \$13,148.95
4. General Donations: \$5,479.91

Events – The board discussed the following upcoming events.

- a. Planter Workshop – The board agreed to purchase the pots for the spring planter workshop
- b. Mobile Market – Brown Bag is now called Mobile Market and will take place on 10/22/25 along with the blood pressure clinic.
- c. Men’s Group – The Men’s Group will be held on 10/22/25. It is a small group that comes into the center to talk and have coffee.
- d. Narcan Training – The COA will be hosting a Narcan Training with the POP Unit on 10/27/25.
- e. Community Vaccination Clinic – The public health nurse will be holding a vaccination clinic in the COA with vaccinations administered by CVS Pharmacy on 10/29/25. Signup ahead of time by contacting the nurse. Nine participants have signed up. The phone number to sign up is on the flyer and the nurse will ask a series of questions to determine vaccination needs.
- f. Glucose and Cholesterol Screening on 11/12/25. The public health nurse will now be offering cholesterol screening as well as glucose testing. An appointment is not required.
- g. Painting with Amy – A winter scene – 11/13/25.
- h. Singo – 11/19/25
- i. Thanksgiving Day Meal Delivery – The churches will once again offer holiday meals delivered to seniors who are alone on the holiday. Call ahead. The COA refers at least 12 families to the church. The meals are complete holiday dinners and the feedback on the meals has been that they are outstanding.
- j. The Holiday Party will be held on 12/06/25. The price has remained the same but now there is an additional fee for a \$60 for a water station. Signups will begin the first week of November. The total number of guests will be 120. The board discussed and agreed that that signups for the holiday party will be limited to Berkley residents and Friends of the COA until 11/14/25. There will be no take out meals.
- k. Holiday Card Making Class – The board voted unanimously to offer the holiday card making class free of charge and with a limit of 30 guests.

Shine and Outreach Update – Lorraine Moniz has been hired for the grant funded outreach position. Her typical work days will be on Wednesday and Thursday. The COA has fielded an increase in telephone calls and office visits due to open enrollment. Lorraine is scheduling shine appointments that are in 60 minutes increments. Kathleen Strozyk updated the board about Bristol Aging and Wellness. Bristol Aging recently signed a contract with Apage Adult Day Health Center. They offer cultural and day programs in Taunton. Berkley residents can be referred to the health center in Taunton. Bristol Aging is looking for a SHINE Director.

Friends of the COA Report – Elisabeth Monkowski from the Friends of the Council on Aging reported on the Friends activities. The Veterans lunch is scheduled for November. The Friends have not scheduled their events for 2026 yet.

Public Input – Nancy Thompson asked for the board to discuss her prior request for the Friends of the COA to make a donation to the library construction. Margaret Moroff said that that Friends of the COA fundraise for the COA and not the library. Kathleen Strozyk elaborated to say that each organization has their own Friends group. The COA has the Friends of the COA and the library has the Friends of the library. Carole Buote, who is also the Director of the library said that it is important to honor how people donate. Margaret Moroff, Cathy Charette and Kathleen Strozyk are Friends of the library and Carole Buote is the library director. Arlene Medieros who is not a member of the Friends of the library stated that she did not believe that it was appropriate for the Friends of the COA to make a donation to the library.

Next Meeting – 11/20/25 at 9:30

Motion to Adjourn. The board voted to adjourn the meeting at 10:15.