![Blue Cross Blue Shield of Massachusetts logo] **MASSACHUSETTS**

GET YOUR NO-COST FLU SHOT

The flu shot is quick and easy, and will help protect you and everyone around you this flu season. The flu shot reduces your risk of catching the flu and eases your symptoms if you become sick.[1] Get your flu shot today at a convenient location near you.

WHERE TO GET YOUR SHOT

The flu shot is available at no additional cost[2] from in-network providers and locations, like a primary care provider or pharmacy. To find an in-network provider or location near you, go to **bluecrossma.com/findadoctor**.

LEARN MORE

Just about everyone six months and older should get the annual flu shot.[1]
Learn more about the flu and the flu shot at **bluecrossma.org/flu**.

1. CDC, "Seasonal Flu Vaccines," https://www.cdc.gov/flu/prevent/flushot.htm.
2. Flu vaccines recommended by the CDC are covered in full when administered by an in-network provider. Exceptions may apply. Check plan materials for details.

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