



THE BERKLEY BEACON

Town of Berkley
Council on Aging
1 North Main Street
Berkley, MA 02779

Our Offerings

- Aerobics
- Tai Chi
- Quilting
- BINGO
- Yoga
- Chair Yoga
- Mah Jong
- Body in Motion
- Painting & Crafts
- Coffee Talk
- Presentations

Individual Highlights

1. Announcements
2. Painting
2. Singo
2. Folio Class
3. Library News
3. Men's Group
3. Fairy Garden
3. Grab and GO
4. Calendar
5. Town Forum
5. Election News
5. Save Task Force
5. Health Clinic
6. Friends
7. Historical Society
7. Happy Hearts



May



MISSION STATEMENT

To promote and support Berkley seniors to stay safe and active, participate in programs, enjoy life, and stay in their own homes for as long as possible.

Supporting our Community, One Conversation at a Time

Support Groups at the COA



This past year the COA received a grant to offer outreach services to the community. As part of that effort, we are offering two support groups that are open to those looking to connect with others who share similar experiences. You are not alone. This is a welcoming space to share concerns, talk openly, and connect with people who truly understand your journey. These groups are not limited to Berkley residents. Register today! This program will be facilitated by Lorraine Moniz, our Outreach Coordinator.

Caregiver Support Group
Thursday, May 21st at 11:00 a.m.

Grief and Healing Support Group
Thursday, June 11th at 11:00 a.m.

Registration Required (508) 821-3105

This program/position is funded in part by a grant from Bristol Aging & Wellness Inc. through a contract with the Massachusetts Executive Office of Aging & Independence. Donations to our Outreach efforts are voluntary and always welcome.

CALL THE COA WITH ANY QUESTIONS OR CONCERNS @ (508) 821-3105

Watercolor Painting

Thursday, June 11th at 9:00 a.m.

In continuing with our flower theme this watercolor class will feature a lovely hydrangea. They are a summer garden favorite often admired for their large, beautiful blooms.



\$10
Berkley
Residents

\$20
Out-of-Town
Guests

Robyn Q. Franczyk has been teaching watercolor for the past 30 years. She teaches step by step to all her students, both beginners and advanced. Come join in on the fun. Whether you are new to painting or have years of experience, this class is for you!

Registration Required (508) 821-3105

PAINT DAY *with Amy* "Stained Glass Art"



Create unique framed artwork using a "stained glass" technique. A variety of images will be available to trace if you are not confident with your drawing skills! You may also bring an image of your choice to class...



Thursday, May 7th at 2:45 p.m.
at the Berkley Senior Center

1 N. Main St. Berkley 508-821-3105

RESERVE YOUR SPOT TODAY!

\$10 for Berkley Residents
(\$20 for Out-Of-Town Guests)
includes all supplies & instruction

Let's Make a Folio

Tuesday June 9th
11:30 am - 1:00 pm



Open to folks 55 & over

Registration is Required @ 508-821-3105

\$5 for Berkley Residents \$10 for everyone else

Create your own folio and learn some new skills!

Senior Center will supply paper pads

PLEASE BRING A GLUE STICK & SCISSORS

Berkley Council on Aging

Hearing Room

1 North Main St

Berkley, Ma 02779

Enter building behind mailbox.

Take a right and a right.

Doors open at 11:15 am



SINGO!

Wednesday, May 20th
12:30

Bingo with a beat. Instead of calling out letters and numbers the DJ will call out singers and songs. Come on in and test your musical knowledge and luck. Have some fun and win some prizes. This one-hour event will replace our regularly scheduled Bingo for this date. While sign up is not required for Bingo, we are requesting that you sign-up for this special Singo session.

Registration Required.

Please call (508) 821- 3105

or visit the senior center to sign up.

The Friends of the Berkley Council on Aging Lunches

The Friends are back cooking up their delicious lunches for our community! These events are very popular and fill up quickly. If you register for a lunch, please be sure to let us know which one you are planning to attend. **Each lunch has its own registration.**

The fee is **\$5.00 per person** and there will not be a take-out option. All meals must be enjoyed in the COA.

Wednesday, May 13th at 11:30 a.m.

American Chopped Suey and Salad
(limited seats available)

Wednesday, June 10th at 11:30 a.m.

Pizza and Salad

We expect a full house and will utilize a waitlist. If you register and can no longer attend, please contact the COA as soon as possible so that we can fill your spot. If you leave a message to register, we will call you back to verify that there is space available in the event you are registering for.
(508) 821-3105

Grab and Go Lunches at the COA!

Do you have questions? We have answers!

What is the Grab & Go Lunch Program?

Bristol Aging and Wellness provides freshly prepared take home lunches that you can pick up at the Berkley Senior Center every Wednesday between 10:30 – 11:30 a.m.

Who is eligible?

Any Berkley resident aged 60+ is welcome. There are no income restrictions or requirements.

What is the fee?

There is no fee. A suggested voluntary donation of \$2.25 per meal is helpful but never required.

Do I have to commit to every week?

Not at all! You choose the weeks you would like a meal. The program is flexible.

How do I sign up?

It is easy! Contact the COA and we will give you a simple registration form. We look forward to assisting you.

Join Today!



May at the Berkley Public Library!

Join us for Virtual Trivia on May 9th at 8 p.m. over Zoom.

Gather a team or play solo!

Register on our website:

https://sails.ent.sirsi.net/client/en_US/berpl/

to get the Zoom link! Feel free to visit us at the library if you have questions about joining the Zoom meeting prior to the event.

For May, our No Stress Book Club is reading "Murder on the Page" by Daryl Wood Gerber. For our book club, there's no pressure to read the entire book or attend every meeting. It's an opportunity for us to get together and discuss what we are reading.

The meeting will be

Thursday May 7th, at 6:00 p.m.

New in large print this month, we have "Life: A Love Story" by Elizabeth Berg and "The Crossroads" by C.J. Box.

berpl@sailsinc.org

(508)822-3329

www.berkeleylibrary.org

Fun Fairy Garden Planter

with Sue from the Garden Club

Thursday, May 14th
9:30 – 10:30 a.m.

\$5 Berkley Residents
\$10 Out-Of-Town Guests

This program is full. Waitlist only.

Men's Group

Wednesday, May 27th
1:00 – 2:00



May

ACTIVITIES & MEETING SCHEDULE

IMPORTANT REMINDERS

- AEROBICS** – Daily at 8 a.m. on Channel 95 & 96
- TAI CHI** – Classes held offsite at 3 Grove Street, Berkley.
- BINGO** – May 6th and Singo May 20th
- MOBILE MARKET** – May 27th Call for details!
- HAPPY HEARTS** – Thursdays at 12:30
- FRIENDS OF COA** – May 6th and May 20th
- COA Meeting** – May 21st at 9:30 (Subject to change)

Events in BOLD require prior registration.

Monday	Tuesday	Wednesday	Thursday
4	5	6	7
9:00 Italian 11:30 Aerobics 12:30 Coffee Talk 12:30 Mah Jong 1:30 Chair Yoga	8:45 Yoga 10:15 Body in Motion 10:30 Tai Chi 11:30 Quilting	10:15 Friends Meeting 10:30 Grab n Go 12:30 BINGO	10:30 Tai Chi 12:30 Happy Hearts 2:45 Painting with Amy
11	12	13	14
9:00 Italian 11:30 Aerobics 12:30 Coffee Talk 12:30 Mah Jong 1:30 Chair Yoga	8:45 Yoga 10:15 Body in Motion 10:30 Tai Chi 11:30 Quilting	10:30 Grab n Go 11:30 Friends Lunch American Chopped Suey & Salad	9:30 Fairy Garden Planter 10:30 Tai Chi 12:30 Happy Hearts
18	19	20	21
9:00 Italian 11:30 Aerobics 12:30 Coffee Talk 12:30 Mah Jong 1:30 Chair Yoga	8:45 Yoga 10:15 Body in Motion 10:30 Tai Chi 11:30 Quilting	10:15 Friends Meeting 10:30 Grab n Go 12:30 SINGO!	9:30 COA Meeting 10:30 Tai Chi 11:00 Caregiver Support Group 12:30 Happy Hearts
25	26	27	28
Closed Memorial Day	8:45 Yoga 10:15 Body in Motion 10:30 Tai Chi 11:30 Quilting	10:30 Grab n Go 10:00 Mobile Market 10:00 Health Clinic 1:00 Men's Group	10:30 Tai Chi 12:30 Happy Hearts
			Don't Forget to Vote
			Saturday May 9th Annual Town Election 10:00 – 6:00 Berkley Middle School

**KNOW YOUR
NUMBER**

**BLOOD PRESSURE,
GLUCOSE &/OR
CHOLESTEROL
SCREENING**

**Wednesday
May 27, 2026
10 AM - 12 PM**

Berkley Council on Aging



Screening available
through Regional
Public Health Nurse



**Free Voluntary Screening
Open to all.**

**Pre-registration is
not required.**

**Be informed of glucose &
total cholesterol levels.**

**Sample by fingerstick.
Fasting not required.**

**Written consent for
participation required.**

Greetings from the SAVE Task Force

We have continued to host community forums and recently heard from the Council on Aging, Highway Department, and the Town Administrator.

The COA reported approximately 8,790 event check-ins, not including the many phone calls that require the attention of their one town funded employee, the Director. This reflects a significant level of service provided to our senior population and underscores the importance of maintaining a fully functioning COA. A proposed 4.5% total budget reduction would result in an estimated 19% decrease in the COA's operating budget. While the full impact of services is still being determined, this decrease represents a substantial reduction for an already underfunded department.

The Highway Department, well known for doing a great deal with limited resources, reported that reduced funding will result in the loss of two personnel positions, closure of the transfer station on Saturdays, and delays of potential routine maintenance.

The Town Administrator shared that the current government operations are already at a bare minimum. There are no additional areas to cut without impacting essential functions, though every effort continues to be made to maximize efficiency and reduce costs wherever possible.

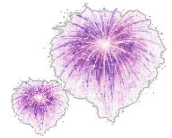
Many thanks to each department for their service, they go above and beyond daily. We are fortunate to have such dedicated, devoted people who care for and about this town.

Nan Thompson
SAVE Task Force

America Turns 250

June 28, 2026

Save the Date!



The Celebration Committee has been working hard to bring you a day to remember. Some of the things to look forward to are a road race, honor garden, vendor fair, live music, apple pie contest, food trucks and so much more!

Election News

Annual Town Election

Saturday, May 9th
10:00 a.m. – 6:00 p.m.

Location: Berkley Middle School

Annual Town Meeting

Monday, June 1st
7:00 p.m.

Location: Berkley Middle School



**TOWN OF BERKLEY
PUBLIC FORUM**

**GENERAL OPERATING
OVERRIDE DISCUSSION**

Berkley Middle School Cafetorium
Tuesday, May 5, 2026
6:30 PM

Plan for the Future

Join Town Leadership and the SAVE Task Force for an important community discussion regarding the proposed General Operating!

- Current financial conditions
- How the override figure was developed
- Impacts on town services and departments
- What approval or rejection would mean

Open Question & Answer Session

Residents are encouraged to attend, ask questions, and engage in a meaningful discussion about the Town's future.

YOUR PARTICIPATION MATTERS.
Join the discussion and help shape the path forward for Berkley.

FRIENDS OF BERKLEY COA

SAVE THE DATES

For questions related to trips, please contact Roberta Poli at 508 208 1634 robertabeth@verizon.net

Lunches are back!
Registration Required

The Friends of the Berkley COA will host our lunches in the activity room from 11:30 a.m. to 1:30 p.m.

Sign up early! Space is limited! Eat in only. There will not be an option for takeout.

Ticket price is \$5.00 per person due on the day of the lunch. If you register for a meal and can no longer attend cancellation is requested so that we may fill your spot from our waitlist.

May 13th

Pasta and salad

June 10th

Pizza and salad

August 19th

Ice cream social

October 14th

Breakfast for lunch

November 4th

Lasagna



New Hampshire Trip Update

Due to low participation, this trip has been canceled.

Thank you to those who expressed interest. Refunds have been mailed. Please take a look at our upcoming events and trips. We hope you will join us for something else soon!

June 24, 2026

The Country Jamboree

Lake Pearl, Wrentham, MA.
(self-drive)

The Country Jamboree is a national touring show that takes you down memory lane, featuring the greatest country music hits that you have known and loved over the years.

Reserve your spot today!

Cost is \$100.00 per person.

July 15, 2026

Tall Ship Cruise

Lunch at the Cheesecake Factory (bus trip)
Waitlist Only

Cost is \$185.00 per person.

August 12, 2026

Tails and Tours at Fosters Clam Bake in York, Maine (bus trip)

The menu includes clam chowder, Maine clams, mussels, and lobster or BBQ chicken, corn, roasted potatoes and onions. Also included are rolls with butter, blueberry crumb cake, iced tea, lemonade, coffee and tea.

Cost is \$154.00 per person

September 8-11, 2026

Penn Dutch (bus trip)

Visit Sight and Sound Theatre to see a performance of Joshua. Visit Kitchen Kettle, the Mount Hope Winery, the Amish Experience Tour & more!

Reservations start April 1st.

Pennsylvania trip cost per person:

Double Occupancy: \$1025.00

Single Occupancy: \$1235.00

Triple Occupancy: \$995.00

\$150 due at sign up. \$300 by May 1st and final payment is due by July 15th.

October- Turkey Train (bus trip)

December- Holiday Classic with The Cartels.

(bus trip)

Aqua Turf Club in CT.

Please make checks payable to

Friends of Berkley COA and in the memo of the check please write the event you are paying for.

Payment for daytrips is required to hold your space.



MOMENTS FROM THE MUSEUM

Berkley Bridge Heritage Park

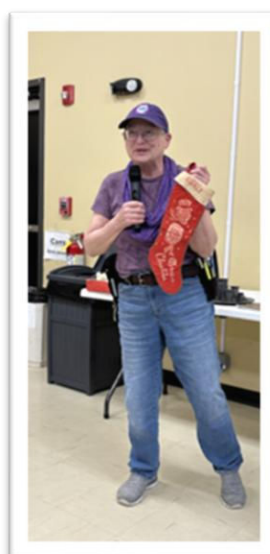
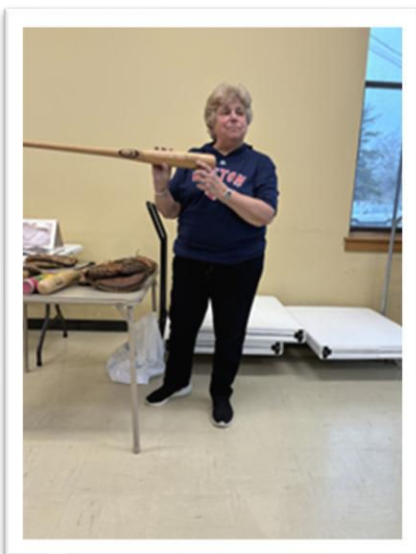
This month, Eden Jones from the Historical Society wanted to spotlight a beautiful post from the Berkley Bridge Heritage Park Facebook page. These are their pictures of a quiet moment at the park.

Planters are full and flowers are starting to bloom. A time for new growth, reflection and contemplation. Come on down and enjoy the view



Happy Hearts Senior Club

The Happy Hearts are back to doing what they do best. Having fun! This month they participated in an event called Show and Tell. They brought in interesting items and shared their stories with the group.



COUNCIL ON AGING
TOWN OF BERKLEY
1 NORTH MAIN STREET
BERKLEY, MA 02779

DO NOT FORWARD

PRESORTED STANDARD
U.S. POSTAGE PAID TAUNTON, MA
PERMIT # 73



CURRENT RESIDENT OR

[Empty rectangular box for current resident information]

**NOT YOU?
PLEASE CALL
508-821-3105** 

STAFF

Krista Celia, Director
Lorraine Moniz, Outreach Coordinator

Kcelia@berkleyma.gov
Lmoniz@berkleyma.gov

BOARD MEMBERS

Margaret Clark-Moroff, Chair Carol Buote Cathy Charette Arlene Medeiros Kathleen Strozyk

SOCIAL MEDIA

Facebook: Berkley Council on Aging
Website: townofberkleyma.gov/COA

COUNCIL ON AGING HOURS OF OPERATION

Monday – Thursday: 9 a.m. to 2:30 p.m.

Friday: CLOSED

NEWSLETTER REMINDER

To help us reduce printing costs and support a greener community, we encourage you to read our newsletter online whenever possible. If you would like to stop receiving the printed version or will be away from your residence temporarily, please call us to be removed from the mailing list. The digital edition is available each month on our website.

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